



## REACH Summer Newsletter



### FIRE - Febrile Infants Regional Evaluation

We are very excited that our first regional project - FIRE - has started across London Trusts. There has been an amazing response and we now have trainee and consultant leads identified for the majority of London trusts. We want to say a huge thank you to all local trainee and consultant leads for their incredible work so far! We are looking forward to continuing to work with you on the next steps of FIRE!

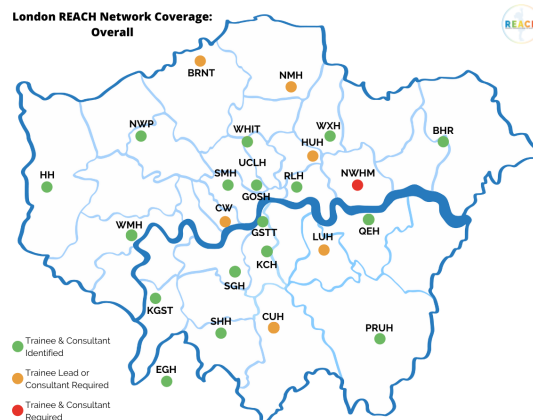
#### Still want to get involved - here is your chance!

As part of a sub-project for FIRE, **we are looking for a keen junior doctor to join our team and help us work on a short project.** The project involves analysing the content and quality of local and national guidelines on the management of febrile infants. We aim to analyse the guidelines and write a paper on this in the next three months.

**If you are interested in joining the team please [e-mail us](#) by the 1st of September 2022.**

We look forward to hearing from you!

[Find out more about FIRE!](#)



### PEAR Study

The second REACH project, PEAR - Paediatric trainee Experience in multi-site Audit and Research - is a multi-centre cross-sectional study looking to evaluate the current level of experience in research

information and highlight unmet training needs to guide future steps. We are recruiting only until the **end of August 2022!**

*If you are a LSP trainee you should have received an invitation link to complete the survey.*

**Please complete the survey by the end of August and watch your trust e-mail address for the survey link!**



### Paediatric Trainee Experience in Multi-site Audit and Research PEAR STUDY

A cross-sectional study to assess the current level of experience in research and multi-centre quality improvement work amongst London paediatric trainees.

If you are a **paediatric trainee in London**, you will hopefully have been invited to complete the PEAR survey. Your response is **vital** to help improve access to research across London.

The survey only takes **10 minutes** to complete!

#### What are the Benefits?

Provides evidence to increase access to research / audit education and experience including protected time **within training**

Highlight the needs of trainees and where deficits in training lie

Direct the work of REACH to make it as valuable as possible

Chance to win a free meal at an award winning restaurant

#### What Can You Do?

##### Local Leads

- ✓ Ensure the PEAR survey has been disseminated to **all** trainees in your trust
- ✓ Inform your Regional Coordinator of how many trainees it has been sent to
- ✓ Encourage all trainees to complete the survey

##### ALL London Paediatric Trainees

- ✓ Inform us at [reachnetworkldn@gmail.com](mailto:reachnetworkldn@gmail.com) if you have not received the survey
- ✓ Complete the survey using the QR code (**only if you have received an invite!**)
- ✓ Encourage others to complete it
- ✓ Help us improve access to research for all London trainees

**DEADLINE: END OF AUGUST**



@reachnetworkldn



reachnetworkldn@gmail.com



@REACHnetworkLDN

For more information: <https://www.reachnetworkldn.com/pear>



## Did you see the REACH poster at the 2022 RCPCH conference?

The REACH team was able to present their progress and experience in setting up a new trainee-led research network at this years RCPCH conference.

# REACH: Setting up a new trainee-led research network



D Carr, E Loucaides, A Whitehouse on behalf of the REACH collaborative

The involvement of trainees in research in paediatrics is dependent on individual enthusiasm and access to appropriate opportunities and support. These are affected by the frequency of rotations, the demands of busy paediatric training jobs and a lack of guidance on how to get involved. The relatively new RCPCH academic lock-let goes some way to providing support and guidance and the college's Trainee Research Network initiative aims to support existing trainee research networks and facilitate collaborative working regionally and nationally. Trainee ownership and leadership of collaborative multi-centre governance and research projects provides trainees with research skills mandated by the RCPCH Progress curriculum and additional opportunities for peer networking and steering of research priorities.

Whilst over the past 5 years several trainee-led research networks have been set up, there are gaps across the country. Arguably, the most successful are those focussing on sub-specialty projects with General Paediatrics falling behind.

<b>Objectives</b> We set out to set up a pan-London, trainee-led network that exists to support the conception and coordination of multi-centre research, audit and service evaluation projects to answer relevant clinical paediatric questions.	<b>Work Streams</b> <ul style="list-style-type: none"> <li>Guidance documents &amp; plan for first project</li> <li>Constitution</li> <li>Project proposal form</li> <li>Standard operating procedure guidance for projects</li> <li>IT/Communications</li> <li>Branding, network name and logo</li> <li>Social media presence</li> <li>Website<sup>1</sup> and dedicated email address</li> <li>Newsletter outline &amp; mailing list template</li> <li>Trust network set-up</li> <li>Review of regions and hospitals</li> <li>Plan for recruiting interested trust leads</li> </ul>
<b>Methods</b> Founding trainees sought experience of existing trainee network organisations active in research and clinical governance before a working group was set up and promoted on social media and through the regional trainee network. A group of 16 interested trainees from ST1 through to ST8 was formed and initial meetings were held monthly in May-Dec 2021.  The working group set to work on the 3 main workstreams and developed an initial set of resources.	<b>Conclusion</b> In parallel the working group conducted successive brainstorming exercises of potential first projects, taking into account the outputs of other trainee networks, feasibility and current views on research priorities. Additionally, in recognition of the need to hear parent and patient as well as pan-region trainee voices, links to patient and public involvement (PPI) organisations are being established and a priority setting exercise is planned for 2023. A central committee was formed in December 2022.




Welcome to our new committee members!

REACH is expanding and we are so excited to welcome our new committee and subgroup committee members! There were an incredible number of applications and if you still want to join REACH keep an eye out for future opportunities on our [website](#) and [social media](#).

Thanks to everyone who attended the **REACH Summer Social**- it was so lovely to see so many members of the REACH team!



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